

Support My ADHA Membership. Here's Why.

As a dental hygienist committed to excellence, I strive to bring the best skills, knowledge, and passion to our team and our patients every day. One of the most effective tools for supporting that goal is my membership in the **American Dental Hygienists' Association (ADHA)**—and here's why it's a great investment *for both of us*.

Investing in My Membership Means Investing in the Practice

Stronger Clinical & Soft Skills: ADHA offers top-tier CE (much of it free with membership), helping me stay current with the latest techniques, technologies, and patient care strategies – skills I bring back directly to our practice.

Boosts Critical Thinking & Problem-Solving: Workshops and CE courses help me develop stronger decision-making, communication, and leadership skills—making me a more valuable team member and collaborator.

Increased Job Satisfaction = Higher Retention: According to recent workforce studies, job satisfaction is directly tied to professional development and feeling connected to a larger mission. ADHA helps me feel engaged, supported, and valued—reducing the risk of burnout or turnover.

Cost Savings for You: Instead of paying for CE courses, ADHA membership includes high-quality CE for free or highly discounted. One employer shared how switching to paying for membership saved money and increased access to CE.

Recruitment & Staff Support: Covering professional association dues communicates that you value your hygienists as professionals. This can be a key factor in recruiting and retaining top talent. ADHA even offers **discounted job postings** if you have an ADHA member on staff.

Conference & Leadership Opportunities: Events like ADHA's Annual Conference offer cutting-edge education and leadership development that translate into better patient care, team collaboration, and practice growth.

More Than a Membership—It's a Professional Lifeline

“ I wasn't an ADHA member for many years after graduating. Once I rejoined and got involved, everything changed. I felt supported, found new passion in my work, and built a network of colleagues I could lean on. ”

– Chanci O., 17 years in practice

Membership is what you make of it—just like a gym. If you use it, you grow. If I grow, so does our practice.

Cost? Use the Dues Calculator to See Exact Rates →



“ ADHA membership isn't just about development—it's about delivering the highest quality care and investing in the future of our practice. ”

– ADHA Annual Conference Attendee

“ After feeling burnt out and stuck, I used my membership to attend CE and events. That year transformed my career—I found new inspiration and made lasting connections. ”

– Alicia W., 32 years in practice

Let's talk about how this investment can support our shared success. Thank you for considering!