



Workforce Growth Initiatives

DECEMBER 2025

Over the past several years, the market need for oral health preventive and therapeutic services has outpaced the growth of the dental hygiene profession. ADHA is supporting numerous workforce growth initiatives to help meet the need. This report details the educational opportunities, collaborative meetings, recruitment initiatives, and research relevant to this important issue for the dental hygiene profession.

Educational Opportunities

ADHA supports career advancement for dental hygienists in clinical practice offering numerous courses to address key topics to enhance skills as well as to assist in managing workplace issues. The following relevant courses are available on ADHA's [CE Smart Platform](#).

Webinars: Live and On-Demand

- A Primer on Legal and Risk Management Concepts
- AAP Classifications: Simplifying for Easy Integration
- AAP: Importance of Soft Tissue Phenotype for Health
- Abuse, Neglect and Trafficking: Professional Responsibility
- ADHA24 Mental Health and Self-Care Workshop Bundle
- ADHA25 Emerging Technologies Workshop Bundle
- Analyzing and Combatting Bias in Dental Hygiene Care
- Antibiotic Stewardship Practices in Dentistry
- Artificial Intelligence and Its Influence on Dental Hygiene
- Autonomy in Action: Voices from the Frontlines
- Bloodborne Pathogen Training
- Can Artificial Intelligence Improve Oral Health Care Delivery?
- Cannabinoids and What the Practicing Hygienists Needs to...
- Certificate in Marketing & Finance for Career Growth
- Choosing the Best Homecare Tool for Cleaning Between Teeth
- Coming in September 2025 – Workforce Shortage Solutions!
- Compact Comparisons: Which is Best for Hygienists
- Conflict: Stop the Blame Game and Bust through to Solutions!
- Critical Connections: Perio Medicine & Systemic Disease
- Cultural Awareness and Belonging in Dental Hygiene
- Delivering Effective Preventive Care Education Chairside
- Dental AI: Are Hygienists Ready? Results of the 2024 Survey
- Driving Change to be Everyday Extraordinary
- Effects of Entry-Tier Oscillating-Rotating Toothbrush
- Effects of Ultrasonic Use on Hearing Loss in Hygienists
- Elevating Care: New Standards in Clinical Dental Hygiene
- Empowering Independence: A Journey to Professional Autonomy
- Ethics in Dental Hygiene: Applying the ADHA Code in Practice
- Finance for Entrepreneurial Endeavors
- From Provider to Change-Maker: The Autonomy Evolution
- Gatekeeper Suicide Prevention Training
- Get Found, Get Selected, Stay Connected
- Handedness, MSDs, and Quality of Life in Dental Hygienists
- How Money Works: Unlocking the Secrets to Financial Freedom
- Hygiene in the Digital Age: Navigating new Tech & AI
- Hygiene Retention in the Dental Practice
- Hygienists Eliminate Oral Diseases: A Vision for the Future
- Identification and Management of Your Patients with Dry Mouth
- If There's Smoke, There's Fire! Oral Health Concerns & EVALI
- Implementation of the 2017 Classifications by Clinical DHs
- Inclusive Dental: Build a Team & Practice for Neurodiversity

- Infection Control Protocols: Protecting Your Patients and Yourself!
- Infection Prevention & Control 2023: What's New What's Not
- Leadership Summit: Advanced Concepts in Leadership Training
- Let's Fight Gingivitis NOW...The Future is in YOUR Hands
- Longitudinal Impact: Motivational Interviewing on Perio
- Medical-Dental Integration: Barriers to Implementing SDF
- Mental Health & Wellness for Dental Hygienists
- Mental Health: A Personal Journey and Call to Action
- Motivational Interviewing for Nutritional Counseling
- Mouthrinse: The Missing Piece of the Preventive Care Puzzle?
- Moving Dentistry Forward with Photobiomodulation
- Nitrous Oxide–Oxygen Minimal Sedation: Comprehensive Review
- Oral Complications of Oncologic Treatments: Hygienist's Role
- Partnering to Prevent Opioid Misuse: Critical Updates
- Prevalence of Workplace Cyberbullying among Hygienists
- Oral Complications of Oncologic Treatments: Hygienist's Role
- Revolutionize Caries Care Through Hygienist-Driven Protocols
- Revolutionizing Dentistry with Artificial Intelligence
- Risks in Patient Care for Hygienists: Tips to Avoid Lawsuits
- Scaling to New Heights: The Future of Periodontology
- The ABCs of HbA1c: A review of In-Office Diabetes Testing
- The Dental Hygienist & Oral Cancer Diagnosis: What's My Role
- The Power of Fluoride: From Chemistry to Chairside Care?
- ThinkBelieveDreamDo 2.0: Autonomy
- Use of the HPV Brief Motivational Interviewing Training
- Validity, Reliability & Oral Health Clinical Licensure Exams
- Why Emotional Intelligence is Key to Your Success
- Working Together to Advance the Future of Oral Healthcare



Collaborative Meetings & Webinars

ADHA continues to meet with various dental organizations to discuss solutions to workforce shortage issues including:

- [American Dental Association](#)
- [Academy for General Dentistry](#)
- [American Dental Education Association](#)
- [Dental Assisting National Board](#)

Chairside Recruitment Program Hygienist Inspired

The Hygienist Inspired Chairside Recruitment Program is designed to directly address workforce growth, increase diversity in the profession, and improve access to care to underserved communities. This program has launched in 9 pilot states: Arizona, Arkansas, Idaho, Indiana, Iowa, Michigan, Minnesota, Ohio, and Wisconsin, where ambassadors lead state-wide recruiting efforts, conducting chairside recruitment in their operatories and participating in community events to raise awareness about careers in dental hygiene. Hygienist Inspired Allies support the mission of the program by promoting dental hygiene careers, advocating for the profession's impact on oral health, and mentoring future hygienists.

ADHA is grateful to the Delta Dental Foundation of Michigan, Ohio, and Indiana for their support of this program.

Learn more at adha.org/hygienistinspired.



Relevant Research

Since the pandemic, ADHA has been tracking research related to workforce shortages in dental hygiene practice and education. The following reports highlight information gleaned from key studies. The reports demonstrate consistency in findings and potential solutions.

Relevant Workplace Bullying and Turnover Intention Among Dental Hygienists: Mediation roles of stress and social support.

This study examined the prevalence of workplace bullying among dental hygienists. A cross-sectional study of dental hygienists providing direct patient care was conducted using a composite of validated questionnaires. Findings showed that 56% of respondents reported experiencing workplace bullying. Further, the stress associated with workplace bullying increased the intention to leave a job. The authors concluded that management staff in dental settings must work to prevent and manage workplace bullying to reduce stress and retain dental hygienists.

Source: Wedding K, Boyd LD, Petit, JN, & Vineyard, J. Workplace bullying and turnover intention among dental hygienists: Mediation roles of stress and social support. *J Dent Hyg.* 99(50):18-28.

Second Annual State of Work Report

The dental hygiene workforce is shifting, with a stronger focus on financial stability, career flexibility, and managing burnout. Many registered dental hygienists are turning to temporary work as a strategic option while concerns about compensation and work-life balance continue to be top priorities. ADHA is grateful to GoTu for sharing their findings related to state of work for dental hygienists in 2025.

Workforce Demographics & Career Longevity

The registered dental hygienist workforce consists of experienced professionals, with 23% having 20+ years of experience and 79% planning to remain in the field for at least another decade.

Financial Well-Being & Compensation

Despite most registered dental hygienists earning \$41-\$60 per hour, 44% have not received a raise in two years, and 66% do not receive bonuses, contributing to widespread financial dissatisfaction.

Workplace Satisfaction & Burnout Trends

Burnout and career mobility are key concerns for registered dental hygienists, with many seeking higher pay and better benefits, while others turn to temporary work for flexibility and stability.

The Rise of Flexibility: Temporary & Non-Traditional Work

Registered dental hygienists are increasingly turning to temporary work for better pay and flexibility, with 28% identifying as a part-time or full-time temporary registered dental hygienist.



Second Annual State of Work 2025

Future of the Registered Dental Hygienist Profession

Registered dental hygienists are advocating for higher wages, better benefits, and improved workplace culture to enhance career longevity and job satisfaction.

The top 3 reasons registered dental hygienists seek job changes reflect a desire for greater control over their careers, income, and work environment.

1

Higher pay rates

2

Better benefits

3

More Flexibility in scheduling

RDH WORKFORCE BY EXPERIENCE

20+ years

11-20 years

6-10 years

3-5 years

79% of RDHs anticipate staying in the field for more than 10 years.

Source: GoTu. (2025). Registered dental hygienist state of work report 2025. Retrieved from <https://lp.gotu.com/rdh-state-of-work.2025>