

Is a Career in Dental Hygiene Right for You?

- Creating healthy smiles and lives
- Enjoying a great salary and flexible schedule
- Educating and connecting with people





Rewarding. Respected. Ready to Help Others.

Dental hygienists are prevention specialists who are dedicated to helping individuals achieve and maintain good oral health. They are a critical part of of the oral healthcare team who enjoy great relationships with people and connections within the dental hygiene community.

In as few as three years, you can start enjoying great pay, flexible hours and the satisfaction of helping others. If this sounds good to you, read on!

"When I was in high school my dental hygienist inspired me to consider it as a career for myself – it was obvious she loved her job and the opportunities it created. So I looked into it, and 20 years later I've never looked back!"

DANI F., RDH



The Perks of a Dental Hygiene Career

Be in demand as part of a career field that is projected to grow 9 percent from 2023 to 2033, which is much faster than average*

Earn a competitive salary with a median national annual wage of \$87,530*

Enjoy a flexible schedule that allows you to work part-time or full-time in multiple settings

Make a difference in the lives of individuals, your colleagues and your community

Explore a variety of settings with job opportunities in dental practices, schools, public health clinics, community facilities, military, corporate offices and more

THE PATH TO BECOMING A DENTAL HYGIENIST

Earn Your High School
Diploma or GED

Obtain a Degree

2 Enroll in an accredited dental hygiene associate (2-3 years) or bachelor's degree (4 years) program

Take Your Board Exams

Pass the National Board Dental Hygiene Examination (NBDHE) and your regional/state clinical board examination

Launch Your Career

4 You're officially a registered dental hygienist (RDH)! Begin your job search and start changing lives!



All in a Day's Work

As a dental hygienist you will

- Assess an individual's oral and overall health
- **Screen** for any oral diseases or other abnormalities
- Recommend the right treatment plan for each person
- Collaborate with the oral care team to implement the treatment plan
- Perform clinical procedures needed to achieve and maintain oral health
- Educate people about oral hygiene and preventive oral care

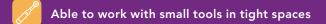
Are You Made for This?

DENTAL HYGIENISTS ARE









Passionate about oral health education

Can You See Yourself as a Dental Hygienist?

Learn more about your education and career options!



adha.org/becomeahygienist

Brought to you by the American Dental Hygienists' Association (ADHA) and the Foundations of Delta Dental.

*Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, Dental Hygienists, (last modified: Thursday, August 29, 2024).