

HAPPY SMILES FOR LITTLE TEETH

A toolkit for dental hygienists making a difference in their early childhood community



Join the movement to improve children's oral health!

Dental hygienists can be vital partners in supporting early childhood programs, like Head Start, across the country. One of the greatest health challenges facing children enrolled in these programs is lack of access to oral health care. By collaborating with local programs, you can make a lasting impact on the health and well-being of young children and their families.



Benefits for Dental Hygienists

- Expand your community outreach
- Engage in opportunities for professional development and leadership
- Strengthen public health skills



Impact on Children

- Help ensure children are meeting oral health milestones
- Help prevent early childhood tooth decay
- Foster lifelong healthy eating and oral hygiene habits

Learn How to Get Involved in Local Early Childhood Programs

adha.org/EarlyChildhood







Tell Us Your Story

Record a Video and tell us about your early childhood community volunteering experience!



We'd love to hear about your own experience

Have you volunteered with an Early Childhood Program? Share your experience and insights with others who may be interested. What did you learn? What approach was most effective? What inspired you to volunteer and what are your takeaways for the experience?

Record a 2 to 3 Minute Video

Scan the QR Code below or visit https://gather.video/pK5z to begin. Or if you prefer to upload a video, you can do so at the same location.

- Smile before you start and smile when you finish (we'll trim the ends of the video)
- Remember to introduce yourself and what state you're from
- · Record what you'd like to share
- Didn't like the recording? You can re-record as many times as you like before submitting.



Prefer to email?

Send in your pictures of your events and/or written testimonial to **communications@adha.net**. Make sure you have permission for the images. Children should not be recognizable or should be photographed from the back only please.