

Milestones for mini mouths



BACTERIA FROM YOUR MOUTH CAN PASS TO YOUR BABY'S MOUTH
SO PART OF TAKING CARE OF YOUR NEWBORN'S MOUTH IS
CARING FOR YOUR OWN ORAL HEALTH



BRUSH YOUR TEETH TWICE A DAY, CLEAN BETWEEN YOUR TEETH, AND **GET A DENTAL CHECK-UP EVERY 6 MONTHS**



YOU'RE BEGINNING TO SEE THAT **ADORABLE SMILE**



START PROTECTING IT BY WIPING HIS GUMS WITH A SOFT, CLEAN CLOTH AFTER EACH FEEDING



BABY IS CUTTING HIS FIRST TOOTH
START BRUSHING THAT TOOTH
TWICE A DAY
USING A SMEAR OF TOOTHPASTE



WHEN BABY IS READY FOR SOLID FOOD
CHOOSE THINGS WITH NO ADDED SUGAR



MAKE SURE YOUR BABY HAS A **DENTAL CHECK-UP** BY HIS FIRST BIRTHDAY



If you don't have anywhere to take your baby, ask your pediatrician to check his teeth and for a dental referral.



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